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Safe computing practices include a combination of how you technically protect your computer by using software and security settings, and the physical actions you take. You need both to really make a difference. These “Security Building Blocks” set a solid foundation for security and should function as a security checklist so you are able to protect your data. For further information on each topic as well as instructions on how to implement these steps, visit security.arizona.edu/think.

1. Keep systems up to date with automatic updating.
2. Install end point security software — antivirus & anti-malware.
3. Use stronger passwords.
4. Backup your data, twice.
5. Secure your physical environment.
6. Email: Think before you click, open, or reply.
7. Use secure wireless connections.
8. Protect your sensitive data.
10. Most importantly, stay informed.