What are AI Chatbots?

They are computer programs that are trained to understand and communicate with human language to answer user questions and generate automatic responses in the form of a conversation.

What are five essential security tips I should keep in mind when using an AI chatbot for work purposes?

1. Only Use Organization-Approved Chatbots: Before using an AI chatbot, verify it has been approved by your organization.

2. Be Mindful of Privacy and Intellectual Property Risks: Never share organizational, personal, or sensitive information when using AI chatbots.

3. Verify Accuracy of Information: Research the information using other trusted sources, instead of solely depending on chatbot information.

4. Stay Vigilant to Phishing Attempts: These are messages or requests from chatbots that try to trick you into providing sensitive data or opening a suspicious link.

5. Keep Updated on Emerging Security Threats: Stay informed about online safety when using AI chatbots.

Do you have any other advice to keep me safe in the digital world?

Trust your instincts, and don't hesitate to seek advice or report suspicious activities to the appropriate authorities.

Remember these tips to have a safer and more informed experience when interacting with AI chatbots.